



CASE STUDY — SPEAKER & COMMUNITY IMPACT

SAMANTHA MORGAN · SPEAKER & COMMUNITY IMPACT

ID Inclusion

From a Supported Housing Bedroom to a Governance Table

Twenty years after moving into the Cangle Foyer supported housing scheme in Haverhill at 16, Samantha returned — not to look back, but to tell residents the system was wrong about her, and could be wrong about them too.

20+

years since living in supported housing

1

return visit to speak with current residents

2

governance & Resident Experience committee seats

National

and regional press coverage of the visit

THE START

Samantha moved into the Cangle Foyer supported housing scheme on her 16th birthday, following a period of instability that included living in hotels, exploitation, and undiagnosed autism and ADHD that nobody around her recognised.

THE RETURN

More than 20 years on, now a First-Class psychology graduate, Samantha returned to speak directly with current residents — about undiagnosed neurodivergence, addiction, and barriers to education and employment.

THE POINT

Not a triumph-over-adversity story. A structural one: hard work and encouragement alone don't overcome stigma and systemic disadvantage — and responsibility for change shouldn't sit on individuals already carrying the most barriers.

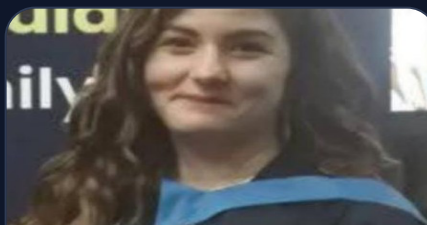
SELECTED IMPACT

- ✓ Returned to speak at the supported housing scheme she once lived in
- ✓ Coverage across Suffolk News and the Haverhill Echo
- ✓ Sits on a social housing governance & Resident Experience committee
- ✓ Reframes "overcoming barriers" as a systemic, not individual, responsibility

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Hard work alone doesn't overcome stigma. Encouragement without systemic change isn't empowerment.

SAMANTHA MORGAN



Suffolk News / Haverhill Echo

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Relaxed, non-judgemental and interactive — real lived experience.

RUSSELL WILKINSON, CANGLE FOYER

FEATURED & PRESENTED AT

BBC News · BBC Radio Suffolk · British Psychological Society · British Sociological Association · Times Higher Education · Suffolk News · East Anglian Daily Times · Open University · Alcohol Change UK · Alcohol Health Alliance

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#NotEveryoneDrinks

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