

# BEYOND THE LABEL

A powerful talk about possibility, belonging and overcoming barriers.



## SAMANTHA MORGAN

"From homelessness at 16, late diagnosis of autism and ADHD, and long-term recovery, Samantha Morgan went on to achieve a First Class Psychology degree and secure a place for postgraduate study at Cambridge. Combining lived experience with academic expertise, she delivers powerful talks that challenge assumptions, inspire hope and encourage organisations to think differently about inclusion, identity and human potential."

### FEATURED BY & PUBLISHED IN

BBC | Published in The Psychologist (British Psychological Society) | First Class Psychology Graduate | Founder of Not Everyone Drinks | Cambridge Postgraduate Offer Holder



Supported Housing



Housing Associations



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Charities

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Colleges & Universities

### WHY THIS TALK MATTERS



Many people spend years being defined by labels, diagnoses, mistakes or circumstances.



This talk explores what can happen when people are seen as individuals rather than problems to be fixed.



Through lived experience, research and professional practice, participants are encouraged to think differently about identity, resilience, belonging and possibility.

### WHAT PARTICIPANTS TAKE AWAY

- ✓ Increased hope and confidence
- ✓ Greater understanding of neurodiversity
- ✓ Practical strategies for overcoming barriers
- ✓ Reduced stigma and shame
- ✓ New perspectives on identity and belonging
- ✓ Inspiration to think differently about potential and possibility

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*Non-judgemental, informative and interactive. An opportunity to learn from someone who has experienced similar challenges.*

**RUSSELL WILKINSON**  
Area Manager

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*All our young people reflected afterwards - inspired to see their current situation does not need to define their future.*

**STAFF MEMBER**

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*Neurodivergence, addiction, identity, belonging and hope - all stood out.*

**SESSION ATTENDEE**

### ABOUT SAMANTHA

- ✓ Founder of the Not Everyone Drinks campaign
- ✓ Developed neurodivergence and accessibility resources for The Open University.
- ✓ Published writer featured by the British Psychological Society and Open University
- ✓ Worked in residential children's services supporting vulnerable young people
- ✓ Experienced in safeguarding and complex case management
- ✓ Resident Experience committee member and social housing board member
- ✓ Late diagnosed autistic and ADHD speaker, consultant and advocate



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